



Chicken Breast Rings - Maxi

Ingredients:

BONELESS SKINLESS CHICKEN BREAST WITH RIB MEAT, WATER, WHEAT FLOUR, YELLOW CORN FLOUR, ISOLATED SOY PROTEIN, CORN STARCH, SALT, DEXTROSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), VEGETABLE OIL (CANOLA AND/OR SOYBEAN AND/OR SUNFLOWER), DISTILLED VINEGAR, SPICES, AUTOLYZED YEAST EXTRACT, EXTRACTIVE OF PAPRIKA, GUAR GUM, NATURAL FLAVOR, YEAST, DOUGH CONDITIONER (ASCORBIC ACID, L-CYSTEINE MONOHYDROCHLORIDE), FLAXMEAL. ALLERGENS: SOY, WHEAT.

Nutrition Facts	
Serving size 3 pieces (84g)	
Servings per Container About 13 (2.375 lbs)	
Amount Per Serving	% Daily Value
Calories	180 Calories from Fat 70
Total Fat	8 g 12 %
Saturated Fat	1 g 6 %
Trans Fat	0 g
Cholesterol	10 mg 3 %
Sodium	580 mg 24 %
Total Carbohydrate	18 g 6 %
Dietary Fibre	< 1 g 3 %
Sugars	0 g
Protein	10 g
Vitamin A	2 %
Vitamin C	2 %
Calcium	2 %
Iron	4 %

Heating instructions:

****Warning:** Do not defrost. Heat this product from the frozen state. Since appliances may vary in power, these instructions are guidelines only.

Conventional oven: Preheat oven to 425° F. Heat for 8 to 10 minutes.

Microwave oven: Heat on high power for 2 minutes for 6 pieces. Turn product halfway through cooking time.

Fryer: Preheat oil to 350°F. Fry for 1 to 1 ½ minutes.